



Organises

## e - Certificate Course in TOBACCO CESSATION

Date & Time :  
10<sup>th</sup> November, 2023 (2:00 PM – 5:30 PM)

### Distinguished Faculties



**Dr. Raj Kumar**  
Director, VPCI, Delhi



**Dr. D. Behera**  
Director, Pulmonology  
Fortis, Mohali



**Dr. Anant Mohan**  
Prof. & Head, Pulmonary Critical Care  
& Sleep Medicine, AIIMS, New Delhi



**Dr. Ujjawal Parakh**  
Sr. Consultant, Chest Medicine,  
SGRH, New Delhi



**Dr. BK Menon**  
Director Professor  
Pulmonary Medicine, VPCI, Delhi



**Dr. Nitin Goel**  
Assistant Professor  
Pulmonary Medicine, VPCI, Delhi



**Dr. Nitesh Gupta**  
Associate Professor, VMMC &  
Safdarjung Hospital, New Delhi



**Dr. Sonam Spalgais**  
Assistant Professor  
Pulmonary Medicine, VPCI, Delhi



**Dr. Parul Mrigpuri**  
Assistant Professor  
Pulmonary Medicine, VPCI, Delhi



**Dr. Siddharth Raj Yadav**  
Assistant Professor  
Pulmonary Medicine, VPCI, Delhi

### Program Highlights

- Epidemiology and Types of Tobacco Use
- Health Hazards of Tobacco Use
- Tobacco Cessation Pharmacotherapy
- Tobacco Cessation Non-Pharmacological
- Newer Modalities for Smoking Cessation
- Setting up of Tobacco Cessation Clinic
- Practical Demonstration: How to fill up questions?/ Measure addiction level/ CO analyzer/ Group counselling/ Follow up of subjects etc.
- Visit to National Tobacco Quit Line (NTQLS)

#### Eligibility:

Medical Graduate / MA Social work, Psychology / PG actively engaged in Tobacco Cessation

Registration Fees: ₹ 500/-

(DD/Cheque in favor of "Society for Tobacco Control"  
payable at Delhi)

#### Registration Link



REGISTR  
NOW

<https://forms.gle/P9Eyb1HvArTz4aVP9>

For registration & enquiries please contact us at:

**Dr. Manoj Kumar**

Co-ordinator

National Centre of Respiratory Allergy, Asthma & Immunology (NCRAAI)

VALLABHBHAI PATEL CHEST INSTITUTE, UNIVERSITY OF DELHI, DELHI (INDIA)

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Website: tobaccocontrol.org.in

**Online**  
**SMOKING CESSATION**  
*cum*

**e - Certificate Course in  
Tobacco Cessation**



Organized by

**Society for Tobacco Control**  
Head Qtr.: VP Chest Institute, University of Delhi, Delhi (India)

**Time & Date:**

**Thursday, 10<sup>th</sup> November, 2023**  
**(2:00 PM – 5:30 PM)**

**Scientific Programme**

<b>Time</b>	<b>Topics</b>	<b>Speakers</b>
2:00 PM – 2:05 PM	Welcome Address and Introduction	Dr. Raj Kumar
2:05 PM – 2:25 PM	Epidemiology and Forms of Tobacco Use	Dr. Parul Mrigpuri
2:25 PM – 2:45 PM	Health Hazards of Tobacco use	Dr. D Behera
2:45 PM – 3:05 PM	Tobacco Cessation Non-Pharmacological	Dr. Ujjwal Parakh
3:05 PM – 3:25 PM	Tobacco Cessation Pharmacotherapy	Dr. Anant Mohan
3:25 PM – 3:45 PM	Setting up of Tobacco Cessation Clinic	Dr. Raj Kumar
3:45PM – 4:05 PM	Newer Modalities for Smoking Cessation	Dr. Nitesh Gupta
4:05PM – 4:25 PM	National Tobacco Control Programme (NTCP)	Dr. BK Menon
4:25PM – 4:45 PM	National Tobacco Quitline Services (NTQLS)	Dr. Raj Kumar
4:45PM – 05:30 PM	Practical Demonstration (How to fill up questions? Measure addiction level, Use of breath CO monitor, Group counselling, Follow up of subjects, Virtual visit of NTQLS etc.)	Dr. Nitin Goel Dr. Sonam Spalgais Dr. Siddhartha Raj Yadav

**Eligibility**

Medical Graduate / M.A. Social / M.A. Psychology /  
PG Actively Engaged in Tobacco Cessation

**Register now**

<https://forms.gle/P9Eyb1HvArTz4aVP9>

**Registration Fees: Rs 500/-**

DD/Cheque should be made in favor of "Society for Tobacco Control" payable at Delhi

**For registration & enquiries please contact us at:**

**Dr. Manoj Kumar**

National Centre of Respiratory Allergy, Asthma & Immunology,  
Vallabhbhai Patel Chest Institute, Delhi

**e-mail:** societytobacco@gmail.com **Website:** tobaccocontrol.org.in