

**Activities 2010 - April, 2021**

**Registration of Society : 04.05.2010**

**The following work done by the society, are:**

**“WORLD NO TOBACCO DAY” 31<sup>st</sup> May, 2010**

“World No Tobacco Day” was organized by V.P. Chest Institute in association with Society for Tobacco Control on 31<sup>st</sup> May, 2010 at 2.30 pm - 5 p.m. at Paintal Memorial Golden Jubilee Auditorium. On this day about 100 persons participated in “World No Tobacco Day 2010”. Dr. D.C. Jain, Deputy Director General, Non Communicable Disease, DGHS, Ministry of Health & Family Welfare, New Delhi, discussed in detail about National Tobacco Control Programme and its importance in making aware the smokers about health hazards due to smoking and its efforts to attract smokers to quit smoking.

In the end Dr. Raj Kumar, VPCI suggested various types of treatment, modalities and share his experience as In-charge of Tobacco Cessation Clinic at VPCI.



**WORKSHOP ON SMOKING CESSATION**

Workshop on smoking cessation was organized by society of tobacco control on 15.3.2011 at Department of TB & Respiratory Diseases, JN Medical College, Aligarh

**TRAINING PROGRAMME ON BEHAVIORAL COUNSELING TOBACCO CESSATION**

A Training Programme for health worker was on “Behavioral Counseling - Tobacco Cessation” was organized on 22<sup>nd</sup> July, 2010 at Paintal Memorial Golden Jubilee Auditorium, V.P. Chest Institute, University of Delhi, Delhi. 21 participants were trained on Behavioral counseling for Tobacco Cessation.



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### “CME FOR PHARMACIST” ON 28.11.2012

A CME for Pharmacists was conducted on 25.08.2012 at Pammy Restaurant, Dilshad Garden. About 50 pharmacist of that area participated in the CME. Dr. Raj Kumar delivers a lecture on “Role of Pharmacists in Tobacco Cessation”.



### CME FOR PHARMACIST on 28.11.2012

A CME was organised by Society for Tobacco Control on 28.11.2012 from 2-5 PM at SPICY MOMENTS Banquet, Pitampura for pharmacist of that area. About 70 Pharmacist attend the programme. Dr. Raj Kumar delivered the lecture on “Role of Pharmacist in Tobacco Control and Tobacco Cessation. It was appreciated by the Pharmacist in that area.



### WORLD NO TOBACCO DAY 2013

On the eve of this **World No Tobacco Day 2013**, the Vallabhbhai Patel Chest Institute (VPCI), University of Delhi, Delhi in association with Society for Tobacco Control has organized “**Smoking and Lung Health Public Awareness Programme**” at the Paintal Memorial Golden Jubilee Auditorium, VP Chest Institute, Delhi at 2.00 P.M. on 30th May 2013. The program has been Inaugurated by the *Chief Guest Hon’ble Justice Shri K. G. Balakrishnan, Chairman, National Human Right Commission (NHRM) and Former Chief Justice of India.*



Quarterly Bulletin of Society for Tobacco Control and book on Smoking Cessation released By Chief Guest Hon’ble Justice Shri K. G. Balakrishnan, Chairman National Human Right Commission and Former Chief Justice of India on 30<sup>th</sup> May, 2013. The event has been addressed by well known personalities i.e. Ms. Neha Aggarwal, Dr. VK Monga, Mr. Ajay Singh More than 300 peoples form different part of the Delhi and NCR attended the event.

### SEMINAR ON “Update on Chronic Obstructive Pulmonary Disease (COPD)”.

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Update on Chronic Obstructive Pulmonary Disease” (COPD) was organized by VP Chest Institute Delhi in association with Society for Tobacco Control on 8<sup>th</sup> September, 2013 at Casuarina Hall, India Habitat Centre, Lodhi Road, New Delhi. Dr. Raj Kumar was the organizing secretary of the programme. The Programme was Inaugurated by the Prof. Rajendra Prasad, Director, VP Chest Institute, Delhi and the faculties from reputed Institution were attended the event.



### TOBACCO CESSATION TRAINING PROGRAMME

Tobacco Cessation Training Programme was organized by Department of Community Medicine, Maulana Azad Medical College, New Delhi in collaboration with Society for Tobacco Control and VP Chest Institute, Delhi on 18.11.2013 at Conference Room of Department of Community Medicine, MAMC, New Delhi. About 150 participants attended the programme. This training programme was organized under the leadership of Dr. Raj Kumar, Head, Department of Respiratory Allergy and Applied Immunology, VP Chest Institute, Delhi.



### BRONCHOSCOPY TRAINING COURSE

**Bronchoscopy Training Course** was organized by National Center of Respiratory Allergy, Asthma and Immunology (NCRAAI), VP Chest Institute, Delhi in association with Society for Tobacco Control (STC) and National College of Chest Physician (NCCP) at Paintal Memorial Golden Jubilee Auditorium, VPCI, Delhi on 28<sup>th</sup> February, 2014. More than 50 Chest Physicians were trained from different part of Delhi Hospitals and abroad. Dr. Raj Kumar was the organizing secretary of the programme.



**WORLD NO TOBACCO DAY - 2014**



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World No Tobacco Day 2014 was organised by Society for Tobacco Control in association with National Center of Respiratory Allergy, Asthma and Immunology (NCRAAI) at Memorial Golden Jubilee Auditorium, VP Chest Institute, Delhi on 6<sup>th</sup> June, 2014. Dr. Raj Kumar is the organizing secretary of the programme.



### UPDATE ON CHRONIC OBSTRUCTIVE PULMONARY DISEASES (COPD)

Society for Tobacco Control in association with National Center of Respiratory Allergy, Asthma and Immunology (NCRAAI), VP Chest Institute, Delhi was organized a CME on '*Update on Chronic Obstructive Pulmonary Diseases (COPD)*' at Paintal Memorial Golden Jubilee Auditorium, VP Chest Institute, Delhi in 30<sup>th</sup> July, 2014. Dr. Raj Kumar was the organizing secretary of the programme.



### WORKSHOP ON BRONCHIAL ASTHMA

Workshop on Bronchial Asthma was organized by Society for Tobacco Control (STC), Delhi in association with National Center of Respiratory Allergy, Asthma and Immunology (NCRAAI), VP Chest Institute, Delhi during 18<sup>th</sup>-19<sup>th</sup> October, 2014 at Paintal Memorial Golden Jubilee Auditorium, VP Chest Institute, Delhi. Dr. Raj Kumar is the organizing secretary of the programme.

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**ALLERGY AND IMMUNOLOGY EDUCATIONAL SYMPOSIUM**

Allergy and Immunology Educational Symposium was organized by Society for tobacco Control (STC) in association with American Association of Allergists & Immunologists of Indian Origin (AAAIIO), USA and National Center of Respiratory Allergy, Asthma & Immunology (NCRAAI), VP Chest Institute, Delhi and on 18<sup>th</sup> November, 2014 at Paintal Memorial Golden Jubilee Auditorium, VP Chest Institute, Delhi. Dr. Raj Kumar is the organizing secretary of the programme.



**40TH WORKSHOP ON RESPIRATORY ALLERGY: DIAGNOSIS & MANAGEMENT**

40th Workshop of Respiratory Allergy was organized by V.P Chest Institute in association with Society for Tobacco Control from 23rd March -27th March 2015 at Paintal Memorial Golden Jubilee Auditorium, VPCI, Delhi. The Program was inaugurated by Dr. Rajendra Prasad Director of VP Chest Institute, Delhi by lightning the lamp with faculties of renowned institutes.



**WORKSHOP ON SLEEP STUDY - 2015**  
“Workshop on Sleep Study” was organized by VP Chest Institute in association with the Society for Tobacco

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Control & National College of Chest Physicians of India on 6th July 2015 at Paintal Memorial Golden Jubilee Auditorium, VPCI, University of Delhi, Delhi. The Programme was Inaugurated by the Prof. S.N Gaur, Director VP Chest Institute, Delhi with the faculties of renowned institutes.



### RESPIRATORY HEALTH CHECKUP CAMP

A Health Camp on Indoor Air Pollution and Respiratory Diseases was organized by National Center of Respiratory Allergy, Asthma and Immunology (NCRAAI), Vallabhbai Patel Chest Institute, University of Delhi, Delhi in commendation of ICMR Indo – US Research Project in association with Society for Tobacco Control (STC), on 29<sup>th</sup> November, 2015 at Village - Dujana, of Gautam Budhanagar, Greater Noida.



### RESPIRATORY HEALTH CHECKUP CAMP

A Health Camp on Indoor Air Pollution and Respiratory Diseases was organized by National Center of Respiratory Allergy, Asthma and Immunology (NCRAAI), Vallabhbai Patel Chest Institute, University of Delhi, Delhi in association with Society for Tobacco Control (STC), on 10<sup>th</sup> January, 2016 at Village - Dujana, of Gautam Budhanagar, Greater Noida.



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**41<sup>ST</sup> WORKSHOP ON RESPIRATORY ALLERGY: DIAGNOSIS & MANAGEMENT**

41<sup>st</sup> Workshop of Respiratory Allergy was organised by VP Chest Institute in association of Society for Tobacco Control from 4<sup>th</sup> April – 8<sup>th</sup> April 2016 at Paintal Memorial Golden Jubilee Auditorium, VPCI, Delhi. The Program was inaugurated by Dr. SN Gaur Acting Director of VP Chest Institute, Delhi by lighting the lamp with faculties of renowned institutes.



**WORLD NO TOBACCO DAY 2016**

On 3rd June 2016, World No Tobacco Day celebrated at the main auditorium of Vallabhbhai Patel Chest Institute, Headed by DR. Rajkumar, Officer in Charge of National Tobacco Quitline Services and Head NCRAAI, Vallabhbhai Patel Chest Institute. The aim of this function was to aware the people about the harmful effects of tobacco on health and environment and about the launch of NTQLS among the people. NTQLS staff participated through a play named “Pati Patni Or Wo” here “wo” refers to tobacco, through this play they shown that how a family member who use tobacco get benefited by the TQLS. They covered almost all things in the play which is important and related to tobacco such as health consequences, peer pressure, environmental factors ,second hand smoke, family problems etc. They also show the process that how a tobacco user can register for free telephonic tobacco cessation counseling and Quitline counselor help him to quit tobacco.

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### **PARTICIPATION IN ICAAICON - 2016**

ICAAICON 2016 the 50th Golden Jubilee conference of Indian college of allergy asthma and applied immunology which organized by the VPCI, University Of Delhi from 22nd October 2016 to 25th October 2016 at VPCI . In this important event National Tobacco Quitline Staff get a good platform to promote and aware the visitors about NTQLS. NTQLS put up a stall in which all its working have been shown. It includes several games such as there is a quiz named “SPIN TO WIN” which attracted a lot of visitors as it was providing knowledge on fun basis. By this game people get awareness about certain facts which never noticed about tobacco, in this game visitors came and answer the several questions regarding tobacco and they also got prizes by winning the game. Beside the game TQLS staff made a wall of pledge where people supporting the cause and who all visited the stall write a pledge which they want to carry with them.



### **42<sup>ND</sup> ALLERGY WORKSHOP -2017**

42<sup>nd</sup> Workshop on “Respiratory Allergy: Diagnosis and Management” was organized by National Centre of Respiratory Allergy, Asthma and Immunology (NCRAAI), VP Chest Institute, Delhi in association with CSIR – Institute of Genomics & Integrative Biology (IGIB) & Society for Tobacco Control (STC). The Programme was inaugurated by chief guest Dr. SN Gaur, Acting Director VP Chest Institute, Delhi on 24<sup>th</sup> – 28<sup>th</sup> April, 2017. Dr. Raj Kumar was the organizing secretary of the workshop.



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**SRILANKAN OFFICERS VISITS TO NATIONAL TOBACCO QUITLINE SERVICES**

A team of officers from National Alcohol and Tobacco Authority (NATA) Sri Lanka was on study tour to India from 23-27 April, 2018 with aim to learn the best practices in tobacco control legislation at National and Sub-National level.

Dr. Raj Kumar, Director (Actg.) VPCI, Delhi, hosted and chaired the program. The session started with a brief introduction of the National Tobacco Quit Line Services (NTQLS). In this session, he presented the History of Tobacco, Type of Tobacco use, Harmful effect of Tobacco, Pharmacotherapy, Need of TQLS, Function of National Tobacco Quit Line Services (NTQLS) at VP Chest Institute, Delhi. After talk, the team visited the National Tobacco Quitline Services (NTQLS), VPCI, Delhi.



**PUBLIC LECTURE ON EFFECT OF AIR POLLUTION ON LUNGS**

Vallabhbhai Patel Chest Institute (VPCI) organized a **Public Lecture on “Effect of Air Pollution on Lungs”** at Paintal Memorial Golden Jubilee Auditorium, VP Chest Institute, Delhi on 24<sup>th</sup> November 2017. The programme started with welcome address, the felicitation of Prof. Raj Kumar, Director, VPCI; Prof. Anant Mohan, Department of Pulmonary Medicine and Sleep Disorders, All India Institute of Medical Sciences (AIIMS), New Delhi, and Prof. B.K. Menon, Pulmonary Medicine, VPCI, Delhi followed by Inauguration - lightening of lamp.

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### **1ST INDIAN SUMMIT ON ALLERGY DIAGNOSIS AND IMMUNOTHERAPY**

Vallabhbhai Patel Chest Institute (VPCI) organised the “1st Indian Summit on Allergy Diagnosis & Allergen Immunotherapy” at Paintal Memorial Golden Jubilee Auditorium, V.P Chest Institute, New Delhi on 8<sup>th</sup> – 9<sup>th</sup> December, 2017. The 2 day summit was organised by Prof. Raj Kumar, Director (Actg.), VPCI. It was collaboration with University Klinikum Munster, Germany. The collaboration is to exchange the updates and technical knowledge in the field of respiratory allergy and immunotherapy. This collaboration will bring radical change in management of respiratory disorders and help minimize the risk factor on patients.



### **GOOD INHALATION THERAPY PRACTICES FOR NURSING STAFF**

The Vallabhbhai Patel Chest Institute (VPCI) organised a workshop for the nursing staff on ‘**Good Inhalation Therapy Practices for Nursing Staff**’ for two days i.e. 27<sup>th</sup> and 29<sup>th</sup> November, 2017 at Paintal Memorial Golden Jubilee Auditorium, VPCI, Delhi University, Delhi. Prof. Raj Kumar, Director (Actg.), VPCI was the organising chairman of the workshop. Prof. Raj Kumar addressed the gathering with an inspiring and motivating speech praising the staff all along for their sincerity and hard work. He insisted on the fact that doctor and nurses are a part of a team.

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**PUBLIC LECTURE ON HARMFUL EFFECT OF TOBACCO & HOW TO QUIT TOBACCO**

Vallabhbhai Patel Chest Institute (VPCI) organized a Public Lecture on “HARMFUL EFFECT OF TOBACCO & HOW TO QUIT TOBACCO” at Paintal Memorial Golden Jubilee Auditorium, VP Chest Institute, Delhi on 14<sup>th</sup> December 2017. The programme started with welcome address by Prof. Raj Kumar, Director, VPCI, Prof. B.K. Menon, Pulmonary Medicine, VPCI, Delhi and Dr. Nitin Goyal, Pulmonary Medicine, VPCI, Delhi. Program highlighted the harmful use of tobacco and it’s cessation among the public.



**PUBLIC AWARENESS PROGRAM : SMOKING AND LUNG HEALTH**

PUBLIC AWARENESS PROGRAM on ‘Smoking and Lung Health’ was organised by Vallabhbhai Patel Chest Institute and Society of Tobacco Control on 6<sup>th</sup> December, 2018 at the Paintal Memorial Golden Jubilee Auditorium, VPCI, Delhi. Prof. Raj Kumar, Director, VPCI along with Chief Guest Actor- Shri Rajesh Kumar; Guest of the Honour Prof. Manoj Khanna, Principal, Ramjas College, University of Delhi and Prof. Kavita Gulati, VPCI inaugurated the program by lightening of the lamp. Prof. Raj Kumar delivered a lecture on “Smoking and Lung Health”. Actor Rajesh Kumar expressed his view on tobacco and its harmful effect in society and what is the role of anti-tobacco campaign in film industry.

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Rajesh Kumar inaugurated sports and cultural activities of the VPCI-2018 Program concluded with vote of thanks by Joint Registrar P S Santhanam.



**1ST UPDATE ON ALLERGEN IMMUNOTHERAPY**

Vallabhbhai Patel Chest Institute organized “1st Update on Allergen Immunotherapy” in collaboration with University Klinikum Munster (UKM) supported by Society for Tobacco Control from 5th to 6th March, 2019. This two days workshop held at Paintal Memorial Golden Jubilee Auditorium and at various facilities of Vishwanathan Chest Hospital. The programme was inaugurated by Prof. Randolf Brehler, University of Klinikum Munster (UKM) with Prof. Raj Kumar & other faculty of VPCI.



**WORLD NO TOBACCO DAY – TOBACCO AND LUNG HEALTH**

On 30<sup>th</sup> May 2019, Vallabhbhai Patel Chest Institute celebrated the world no Tobacco day at 11.30 A.M., on the eve of “World No Tobacco Day”, at the Paintal Memorial Golden Jubilee Auditorium, VPCI. Shri Praveen Sinha, National Professional Officer, WHO was the Chief Guest of this Programme. Dr Manoj Kumar Khanna, Principal, Ramjas College; Dr Vibha Singh Chauhan, Principal, Kirori Mal College; Dr Simrit Kaur, Principal, Sri Ram

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College of Commerce; Dr Vipin Aggarwal, Principal, Sri Aurobindo College; all from University of Delhi, were the Guests of Honour for the Programme.



**TOBACCO CONTROL PROGRAMME**

Ministry of Health and Family Welfare and Vallabhbhai Patel Chest Institute organized training program for all the physicians, health care provider engaged in tobacco cessation spread all over country under the National Tobacco Control Program at Vallabhbhai Patel Chest Institute in different batches on 9th July, 27th July, 6th Aug and 3rd Sep 2019.



**Guest Lecture - DO YOU WANT TO QUIT TOBACCO?**

Guest Lecture, on 'Do you want to quit Tobacco?' organised by Kirori Mal College National Service Scheme in collaboration with VP Chest Institute NTQL/STC on 19<sup>th</sup> March, 2021 (Virtual).

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 **KIRORI MAL COLLEGE**  
**NATIONAL SERVICE SCHEME** 

*in collaboration with*

 **NATIONAL TOBACCO QUITLINE SERVICES**  
1800-11-2356

**VALLABHBHAI PATEL CHEST INSTITUTE**  
**UNIVERSITY OF DELHI**  
**NATIONAL TOBACCO QUITLINE SERVICES**

 **NATIONAL TOBACCO QUITLINE SERVICES**  
1800-11-2356

 **19th March 2021**  
 **11:00 am onwards**

*is organising a webinar on*

**Platform:**  zoom  
**Meeting ID:** 989 9001 4726  
**Passcode:** 023320

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 **DO YOU WANT TO QUIT TOBACCO ?** 

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 <b>Dr. Sonam Spalgais</b> Assistant Professor-V.P. Chest Institute	 <b>Dr. Raj Kumar</b> Director-V.P. Chest Institute	 <b>Dr. Parul Mrigpuri</b> Assistant Professor-V.P. Chest Institute
<b>Prof. Vibha Singh Chauhan (Principal, KMC)</b> <b>Mr. Ram Sunil Kumar Lalji (Program Officer, NSS-KMC)</b>	<b>Rishav- President</b> <b>Vidhi- General Secretary</b> <b>Sukriti- Treasurer</b> <b>Jishnu- joint Secretary</b>	 <b>National Service Scheme</b>  /nsskmc